A Welcome Letter From The Editor in Chief

Dear Students, Staff, Alumni, and Visitors of Caldwell University,

Welcome to The Caldwell Courier, the university’s new student-run newspaper. Our mission in creating this newspaper is to give students voices regarding their concerns and personal interests, as well as to inform the Caldwell community about current local and world occurrences that are of great importance. With the featured sections and topics in this newspaper, there is also great diversity of self-expression and passion within each article. Our first issue of The Caldwell Courier will serve as a form of experimentation as we hone in on the direction that you and we wish to move the newspaper toward. We hope that the community will participate in supporting the paper, and also gladly encourage any comments from the university regarding specific content or the paper as a whole.

All of us at The Caldwell Courier are working hard and looking forward to releasing our next issue for you. We’re excited to see where this opportunity will take us both.

If you have any questions about the newspaper, suggestions on topics that you would be interested in reading, or are perhaps looking to join the staff, please feel free to send an email to us at thecaldwellcourier@gmail.com.

Best regards,
Megan Ilievski
President/Head Editor of The Caldwell Courier

In Memory of Sister Brigid Brady

By Sam Curreli

There was something special about her. It wasn’t just her patience, her wealth of knowledge, her love for literature, or her passion for teaching—of course, those qualities certainly made her a well-respected and cherished professor. But she glowed.

The first time I met Sr. Brigid, I thought she was an angel—literally. I was an anxious sophomore who’d gotten stuck in front row seat in her 400-level creative writing class. While waiting for Sr. Brigid, I sat squirming in my desk, considering dropping the course; I figured it would be offered again when I was a little more experienced in writing. But then the woman in white walked in, her cane leading the way. She stopped at the large desk and leaned against the front, turning to face our ten groggy faces. Her blue eyes brightened as she offered a warm smile and cracked a joke. Even with the classroom lights off, I saw a thin ring of light surrounding her body, reminding me of paintings of angels I’d seen in museums and churches.

As I look back at my fond memories of Sister Brigid, I wish I could have had more. This glowing woman had a wealth of knowledge and kindness, so to even try to capture her fully in words is impossible. However, with the help of the English Department chair, Dr. Mary Lindroth, I was able to collect some more memories of the professor whom dedicated 43 years of her life to teaching at Caldwell University.

During an email interview, Dr. Lindroth harkened back to her days as an undergraduate student at Caldwell University—then, Caldwell College—as she said, “Believe it or not, I took EN 111 at Caldwell University and Sr. Brigid Brady was my professor. Even though that was a long time ago, I remember the class vividly and much of why I remember it has to do with Sr. Brigid’s teaching.” Dr. Lindroth continued to say that the Sister had, “powers way beyond most human beings.” If you were to ask any of Sister Brigids former students, most would agree.

Dr. Lindroth continued to talk about the transition from student to colleague. “I have always admired Sr. Brigid and admit that at first I was a little nervous about working with Sr. Brigid since I was once her student, but she put me at my ease immediately,” she stated. She continued to explain that Sr. Brigid made it a little easier with her knowledge of the entire campus. Dr. Lindroth even admitted, “I still had that feeling that she knew more about me than I did, however, especially since she always knew the exact moment that I needed some advice or more important, some laughter.”

So when Sister Brigid Brady passed away on January 1st, the staff, faculty, and students all knew that this wasn’t truly a goodbye—her legacy and laughter lives on with us through her teachings and our memories. Because of her involvement and dedication to the campus and her Dominican sisters, I think it’s safe to say that her Irish eyes will always be smiling down on us. Thank you, Sister.

A Fresh Perspective

An Interview With Current Caldwell Freshman, Colleen Lynch

Current Caldwell University freshman, Christine Lynch, shared her thoughts and perspective regarding her transition from high school to college; something that most of us are familiar with. She began her journey at Caldwell as a biology major with intentions of pursuing dermatology; however, now in her second semester here, she is studying chemistry and education.

CB: Why did you choose to attend Caldwell University?

CL: There were two factors that made me feel that I belonged here: the Catholic tradition and the intimacy of the class setting. These two factors showed me that I had the potential to thrive here.

CB: Did your expectations of college life meet with the reality of it?

CL: Not really. I thought it would be very stressful and that I would meet people who embodied the “col-lege-partier” archetypal, but it hasn’t been that way at all. College is simply people attending classes and working hard toward their majors. I like it more than high school because there is less demand to be in class on a constant basis and more freedom to work independently.

CB: What do you like most about college, other specific or nonspecific to Caldwell?

CL: I like that the classes don’t meet for eight hours a day like they did in high school because it forces students to optimize both class and independent time: a skill imperative to the work force.
CB: While you have experienced both commuter and now residence life, what would you say are the advantages and disadvantages of each?

CL: Commuting definitively makes the transition to college a lot less dramatic. You still get to be in a familiar place. However, having this luxury comes at the price of having to leave early for classes and be on the road well before any of your resident classmates have been woken up by their alarms. Living on campus is nice because you can stay in bed until two minutes before class and still make it there before the professor does. Although this is a great comfort and much less stressful than the morning commute, it can be emotionally isolating and have to constantly be social.

CB: Do you feel that your classes are appropriately preparing you to use your major for a successful career in the future?

CL: Most of them are really doing what they should. Key word: most. CB: Have you taken advantage of any extracurricular activities? If so, what are they and do you feel that they’re engaging enough?

CL: I’m involved in the Health Professionals Club and I really like it. We are doing some community service right now and I really feel engaged because who wouldn’t feel great about just helping people?

CB: What advice would you give to the incoming class of 2020?

CL: To the Class of 2020, don’t worry one bit going into college. Everyone is in the same scary spot. You just have to smile and have a little faith in yourself. You will be okay, no matter who you are or what you are doing. As long as you stay true to yourself and follow your heart, you will be okay.

Dear Colleen,

Real Advice for Real Students

Dear readers,

This will be the first of many advice columns addressed to the students of Caldwell University in writing that seeks to ease any tensions you may have about college life (either as a commuter or resident), offer aid in resolving personal issues, and discuss a variety of topics and ideas that will hopefully inspire you to view the world in a positive way. For now, I will tell you about a personal experience of mine and leave you with some general life advice. I recently saw a few friends of mine for the first time since they left for college and it was as if nothing had changed between us. I had to endure three hours of talking about their “crazy college experiences” with the parties they had gone to and people they had sexual encounters with. None of them even looked at me. I sat there and wondered why I had put up with this before heading to college. When they finally asked me if I had any wild stories to tell, I just told them the truth: I have been working hard in school, had been promot- ing my work, was learning to play guitar, was still in a healthy relationship with my boyfriend whom I’ve been with for over a year, and was caring for my family (my father is widowed and has health problems), and I had focused on me for the first time. In that period, I didn’t care that my sto- ries weren’t as interesting as everyone else’s and that you and I could sit down and create my first draft. Much of my most productive thought processes happen at night, as well. Most people I know visit the library in the morning or in between classes to work on assign- ments. All of us have different techniques and styles when it comes to getting our work done, so whatever works for you specifically, is most effective and what you should stick to. You may learn the best technique for you by going through a series of trials and error. Once you find your strengths, embrace them, and make sure your assignments are in order! Another paper? We have all been there; in fact, I was just there.

I’ve learned through my four semesters here that the drum really never stops beating, does it? So, like many other college students, I struggled with staying focused and keeping my thought process going. In order to real- ize that my friend’s common room probably wasn’t the best place for me to start a paper. In reality, I didn’t really want to write this paper, but hey, I tried, right? Consequently, I got nothing done so I went and switched up my routine. First, I found a quiet space in the library to myself to put my skills into action. By making these changes, I was able to block out my distractions for that specific moment and truly concentrate on my paper. Another strategy I use to stay motivated and get my work done is a type of reward system. I am currently watching American Horror Story: Freakshow on Netflix. My system works as follows: if I complete a rough draft of my paper and find a few books with po- tential to include in a research paper, then I allow myself to watch an episode of my favorite show. Once I take an appropriate amount of time and dedicate it to my paper, I’ll take it as an advantage to reward myself by binge watching Netflix. Yes, it is very dif- ficult to fight the urge to just press play for the next episode, but I stop myself and real- ize I would never get anything done if I did. I hope my tips can help you last until finals, as well as your remaining semesters as a college student. Keep motivating yourself while always doing the best you can. With all the pressure and stress of college, remember to always keep some time for yourself, as well. Good luck!

Yours Truly,

C.B.
Pope Francis’ Visit to New York City
By Megan Ilievski

The streets of New York City were forever changed as one of the most respected and admirable people of our time, Pope Francis, arrived The States. Making appearances in not only The Empire State, the Pope made his way to Washington, D.C. and Philadelphia during his stay on the East Coast. As the recently appointed Pontifex was plicated with events during his short time in Manhattan, his presence and impact will forever leave an imprint on the historical city. Considering each event was broadcast both nationally and internationally, all were able to become witnesses of the historical occurrence. Cardinal Timothy Dolan entertained as Pope Francis’ tour guide, leading the icon throughout each event and proudly introducing the city that he represents. As Pope Francis’ evening flight touched down on September 24th, 2015 at JFK Airport, it was only a busy schedule from that moment. St. Patrick’s Cathedral, one of the most well-known churches in the world, was filled with believers as Pope Francis made way to his debut event in the city. During the homily of this service, The Pontifex spoke in regards to strengthening faith with reflections on both gratitude and hard work, according to popefrancisvisit.com. He proclaimed: “A grateful heart is spontaneously impelled to serve the Lord work, according to popefrancisvisit.com. He proclaimed: “A grateful heart is spontaneously impelled to serve the Lord to find expression in a life of commitment to our work”

If You See Something, Say Something
By Gabriella Farina

Uber is now turning the public’s attention to gun control once again after an employee shot his passengers, leaving six dead and two injured in Kalamazoo, Michigan. The shooting spree allegedly took place when the driver was dropping off his passengers. With violence becoming more prevalent in our society, several school districts and police departments around the country have started instilling variations of the adage, “If you see something, say something.” This slogan was introduced in New York City after 9/11 as a way of raising awareness regarding terrorism. It has since been licensed by the U.S. Department of Homeland Security as part of its efforts aimed at raising public awareness on indicators of terrorism. More school districts are currently teaching their students to up their awareness of both their surroundings and peers. Being afool and passive in today’s world could cause grave harm to individuals, as well as communities. Warning signs of violence are often communicated in advance, but many children and young adults are unaware of what to do with the information (if these warning signs are even recognized at all). By teaching the general public how to properly identify and report threats, we can better keep ourselves, friends, and family safe. We have the power in our hands to save lives; we just need to be more properly educated. There is no way to predict potential violent acts, but providing help to individuals who may see violence as a positive outlet, greatly benefits acts toward prevention. Keep in mind that the “if you see something, say something” rule doesn’t solely apply to specific age groups; everyone can and should participate in it, including the students here at Caldwell University. If you see something, don’t be afraid to say something - your voice has the ability to save lives.

San Bernardino Attacks
By Julia Roach

On December 2, 2015, a couple, Syed Rizwan Farook and Tashfeen Malik, perpetrated a terrorist attack on the Inland Regional Center in San Bernardino, California, where the San Bernardino Department of Public Health was holding an employee training event and holiday party. Farook, himself, was one of these employees. The attack consisted of a mass shooting and an attempted bombing, which resulted in 14 deaths and left 22 others seriously injured. Following the shooting, the attackers fled the grounds in a rented SUV, only to be pursued four hours later by police and then eventually killed in a shootout with the authorities. Investigations by the FBI followed in the days after the attack. It was discovered that these individuals were not working as part of a larger terrorist group or leader; rather, they had become radicalized on their own over the years. They were subsequently labeled: “homegrown violent extremists.” Not soon after, a man by the name of Enrique Marquez, a close friend of Farook’s for over a decade, was charged with conspiring to commit acts of terrorism himself. Although there was no direct connection between Marquez and the December 2nd attack, evidence collected by the FBI showed that Marquez, with Farook, was planning a few years earlier to launch pipe bombs into the cafeteria of Riverside City College, as well as planning to shoot pedestrians as they made attempts to flee the premises. Another plot by the pair consisted of opening fire on drivers on the 91 freeway during rush hour traffic, leaving the targets with virtually no way to escape. The time came where the FBI investigations into the case of the San Bernardino attack reached a crucial issue. The FBI was seeking the help of Apple to hack into the iPhone of one of the shooters to retrieve data that they believed would give them further evidence for the case. Apple claimed that they did not currently have a software with that capability, leading the FBI to demand that they create one that will break down specific security protections and allow access to the data in question. This provided a controversial case that was well on its way to being taken into court. If Apple refused to work with the FBI, write a code to create this software, and then hack into the phone in question, a decision which they were evidently not heading towards, they would violate both the First Amendment’s freedom of speech and the Fourth Amendment’s considered right to privacy. This software, if created, would threaten the safety of all users of iPhones, an issue that Apple views to be of utmost importance and something they have continually taken seriously since the creation of iPhones. On the other hand, if Apple did not comply with the wishes of the FBI, they could possibly face serious legal actions for hindering a major criminal investigation. Countless people voiced their opinions on the outcome of this case, whether they sided with Apple or with the FBI. A great number of individuals were and continue to be up-in-arms about the potential of this
This was a moment when all expressed their hope of peace in the future. The ceremony then concluded with a performance by the Young People’s Chorus of New York City, who instilled the idea of world peace to the young throughout the world. As Pope Francis’ itinerary for present and future generations. As the touching service was complete, Pope Francis had a well-deserved hiatus in the day before he moved to the East Harlem’s Our Lady Queen of Angels elementary school. As the school day was dismissed, students were excited for a different reason: The Pope’s 4 PM visit. Children were carefully placed surrounding the school, each with a phone in hand, waiting for a blessing and selfie with The Pontifex. As the icon walked through the door of the classroom, tables of students were arranged, all waiting to individually introduce themselves to the Pope. The elementary students then shared the advanced technologies that were recently placed in classrooms to improve and modernize their education. Students then shared the advanced tech- nologies that were recently placed in classrooms to improve and modernize the process of their educational system. Crowds upon crowds of New Yorkers were packed behind barricades up and down Central Park West for the Pope’s arrival at 5 PM to just get a simple glimpse or brief blessing. Waving from side to side, the on-lookers cheered at their overwhelming presence of this holy man. The motorcade drive then led to the final New York City event: a mass held at the one and only, Madison Square Garden. An hour later, the Pontifex was expected to hold one last service in the city at the world-renowned entertainment center. Many have gathered there over the years for legendary musical artists and record-breaking athletes, however, during that very evening, all gathered for a historical Mass held by the holiest and most sacred man on Earth, Pope Francis. During this holy celebration, the Pope further discussed humanity, continuing his expression of inspirational words. As the homily concluded, Pope Francis reassured all, especially Christians: ‘The people who walked in darkness have seen a great light. On Christmas Day, Pope Francis went to the city for his final American visit to Philadelphia, it was safe to say that the city had been touched by a special light that will last forever. Through the holy presence of this man, many had experienced an event that would only occur once in a lifetime. Being named Time Magazine’s Person of the Year in 2013, Pope Francis continues to exemplify his faith to all of humanity why he earned that title. With his two-day stay in Manhattan, the Pope had flooded the streets of the city with hope, faith, motivation, and most of all, light. These streets will forever be left with his expression of inspirational words. Until next time, Pope Francis, the Pope further discussed humanity, continuing...”

The Debate: To Commute OR To Dorm?

By Savannah Heimall

Caldwell University, home of the Caldwell Cougars, is a small, liberal arts school that is bursting with school pride. Students are given the decision of either choosing to commute or dorm. Before making this decision, you’re probably wondering: what are the pros and cons of living on and off-campus? Particularly for commuters, the financial benefits are what students often consider when attending college. There can be significant financial advantages to choosing to commute. You can save a ton of money. Instead of spending money on a dorm room, students who commute save money because of the luxury of living at home. While living at home you can still enjoy family and the comforts of home on a regular basis. After being asked about advantages regarding living off-campus, commuter Cristina Eichelsdoerfer stated, “In my opinion, some of the advantages of commuting to Caldwell University are that you can still be involved in campus life, such as clubs or sports, but also continue to live in the comfort of your own home. Also, since the university is a smaller campus, it is easy to connect and meet with classmates, even as a commuter.” Another advantage of commuting is that students can enjoy the peace and quiet of being in their own home, rather than the noise and distractions that often take place in the dorms. In terms of sharing your living space, if you choose to commute, there is no need to worry about that messy roommate whom you may not get along with. You can just relax and enjoy being in your own room, having your own personal space, and being able to do things your own way. However, with all of the pros stated, there are some downsides to the commuter life. It is often stated that commuter students do not get the “full college experience” while living at home. Commuters may feel it’s not independent because they are still abiding by the rules of their parents. Also, commuters may feel like they’re not as involved with school events such as, sports, clubs, or other campus events, in comparison to their resident counterparts. Commuters are less likely to attend events that require them to drive back to school after having already left campus for the day, especially if said event is later in the evening. Another downfall to being a commuter is the driving. Students who commute must plan ahead to make sure they have enough time in the morning before class to prepare for the day and drive to school. Also, what about traffic? Commuters must factor in a possible accident or traffic prior to leaving to ensure that they will make it to class on time. Along with having commuting benefits, there are also many ad-vantages of living on campus. Often, living away from home is one of the first steps to becoming independent...”

A Message from Dr. Chernobilsy

The Council for the Accreditation of Counseling and Related Educational Programs (CACREP) accredits master’s and doctoral degrees in counseling and its specialties that are offered by colleges and universities in the US and throughout the world. Caldwell University’s graduate counseling programs, with specializations in Mental Health Counseling, School Counseling, and Mental Health Counseling with an Art Therapy emphasis recently had their CACREP accreditations extended through March 2020. software. Apple feared for the safety and privacy of their customers with the FBI’s continual pressing of this issue. In a society where nearly every other person you pass on the street has an iPhone in their hand, this software could start a catastrophic wave that would impact a monumental portion of the population. In connection with the awareness of the capabilities of the software and its possible effects, many openly expressed their support of Apple, with Google, Microsoft, and Verizon being just a few. According to NBC News, a deadline of March 10th had been set by the court in which the government was required to issue a response to Apple. A court hearing was scheduled for the 22nd of March in which oral arguments were scheduled to be heard by both sides, but on the 21st, the FBI requested (and was granted) a delay in the court proceedings. This is on account of a third party coming forward in aid of the FBI, claiming they had discovered a possible way to unlock the iPhone in question, but needed time to test if their methods would truly be successful. On March 28th, the FBI announced that the third party had managed to hack into the iPhone, causing the court case to be subsequently dropped. The case may never go to trial, as the government’s case against Apple’s battle is far from over. The tool used to hack into the iPhone of the shooter poses a serious threat to public security and privacy. Questions have arisen as to whether the government has or will use the software to gain access into other iPhones, as well as what the risks could be if this program were applied to other encrypted devices and what the ramifications could be if it fell into the wrong hands, such as those of terrorists or other extremists. This tool has the capability to be beneficial for this one FBI case in question, but the dangers that come along with its creation and use seem to greatly exceed any good that it could do. The night before an exam, especially if they are not very well self-regulated. Also, living on campus is expensive...”